



8 Cheshvan 5782 | October 13, 2021

**Subject: UPDATED OC Minyanim Guidelines**

Dear OC Community and Friends,

We have updated our Guidelines as public health requirements and guidance has recently changed. We take these precautions to daven together as safely as possible.

Minyanim at Ohr Chadash will adhere to the following standards:

- Attendees must be completely free of any COVID-19 symptoms, including: cough, shortness of breath or difficulty breathing, fever (a temperature above 100.4°F), chills, muscle pain, sore throat, congestion or runny nose, new loss of taste or smell. A complete symptom list can be found at [www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html](http://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html).
- **Face coverings (i.e. masks) are required for all attendees five years or older per state public health order.** Masks are encouraged for those children 2+.
- Members and guests are **required** to verify their COVID-19 vaccination status for attending Shabbat and holiday services by providing proof of full vaccination status. Copies/photos of vaccination cards can be sent to: [minyanohrchadash@gmail.com](mailto:minyanohrchadash@gmail.com) (or make arrangements to show your card). Exceptions are possible in two cases:
  - Those who have tested positive for COVID-19 within the past three months.
  - Those who provide a negative PCR test result taken no earlier than 72 hours prior to services.
- If one has been infected with COVID-19 or has been exposed to an individual infected or suspected to have been infected with COVID-19, you must be symptom-free for at least 2 weeks to attend indoors or outdoors. Those fully vaccinated who have been in close contact with someone who has COVID-19 (within 6 feet of the person for 15 minutes or more over a 24-hour period) **should seek testing** 3 or more days after exposure, and monitor for symptoms for 14 days after exposure.
- Travel: In alignment with CDC [recommendations](#), fully vaccinated attendees are not required to quarantine or test upon arrival in Seattle. For those unvaccinated, the traveler(s) must quarantine for 7 days following arrival, take a COVID-19 test between days 3-5, and may attend services with a negative COVID-19 test on day 8. The traveler may also attend services after a 10-day quarantine without a test.
- **Children** are welcome to attend indoors with their parent(s).
  - Parents attending youth programs must wear a face covering regardless of vaccination status.

- Children attending the younger youth program are encouraged to wear a mask if age appropriate; children attending the older youth program must wear a mask.
- Those over the age of 65 or in a high-risk group (i.e., diabetic, high blood pressure, heart or lung disease, immunocompromised, etc.) should consult their physician before attending if unvaccinated.
- Abundant hand sanitizer will be available for use.

**Please note: These standards allow one to attend OC's minyanim, but they do not obligate one to attend. You acknowledge that you are attending OC's minyanim at your own risk. If you attend minyan but do not follow these standards, you may be asked to leave.**

Ohr Chadash COVID-19 Committee

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